



918-294-8470

Hope Center of Tulsa

A Biblical Counseling Ministry
Founded August 1989



OFFICE HOURS Noon to 4:00pm,
Monday – Thursday. Messages are
always returned. Closed Friday.
Counseling hours: Mon. – Thurs.
2:00 to 9:00 pm

4010 W. New Orleans
Broken Arrow, OK 74011

Vol. 38, No. 2 – March 2026

Trustees: Tim Breedlove, Steve Perryman, Cherrie Stunkard
Counselors: Nancy Adams, Kathy Dennis, Doyle Fry, Emily Massey, Cyndi Rigney, Mary Stagg, Becky Winstead
Director: Lois Breedlove **Office Assistant:** Kayla Janes
Office Volunteers: Terri Sagely & Judy Ray

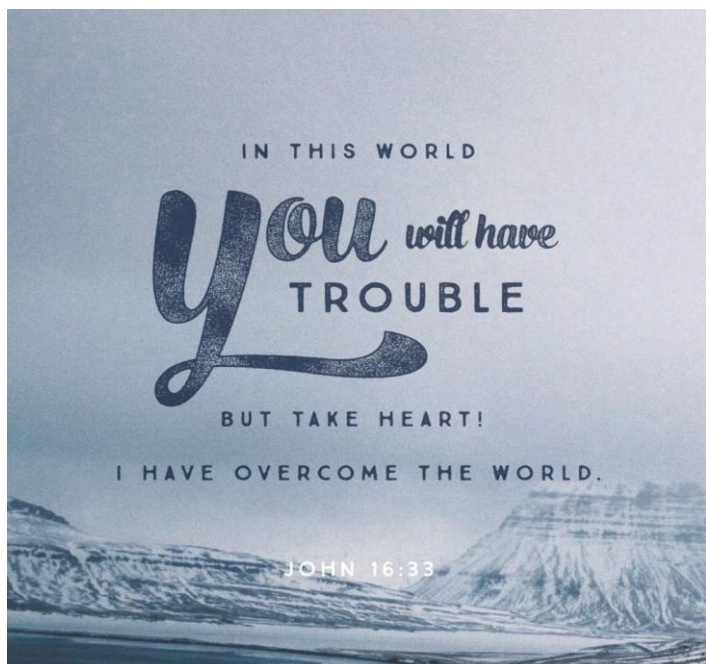
2025 Financial Review

MONTH	DONATIONS	EXPENSES
January	\$1,595.33	\$2,199.98
February	\$2,400.47	\$4,835.53
TOTALS	\$3,995.80	\$7,035.51

Memorial donations are a wonderful way to remember loved ones. These gifts are used to help people understand and apply God's truth. Consider giving today.

In Memory of	Given by
W. Stephen Breedlove	Ruth Nichols M/M Steve Perryman Mary Wyatt
Ron Ester & Ron Ester Jr.	Emily Massey
Leroy Jones	Donna Jones
Ray & Patty Volentine	M/M Tom Tucker
Judith Spunaugle	M/M Tim Breedlove
Velva Jo Johnson	Orpha Callahan
Mary Lou Henneger-Whitely	M/M Dick Edwards

Thank you for remembering your loved ones with a gift to Hope Center.



What is "HOPE?" In the Bible HOPE is defined as a confident, firm expectation of good based on God's promises.

Romans 15:13: *"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope."*

Hebrews 6:19: Describes hope as a "sure and steadfast anchor of the soul."

Colossians 1:27: *"...God has chosen to make known among the Gentiles the glorious riches of this mystery, which is Christ in you, the hope of glory."*

When Hope Center opened almost 38 years ago, it was our goal that everyone who walked through our doors would leave with the HOPE that God was with them and we were going to walk alongside them through their difficult time.

At times, some who come will not stay through the entire counseling. We know that God will send other servants to water what was planted at Hope Center. On a few occasions we get to see how God has worked in the lives of these people. In other cases, those who left return recognizing their hope lies in their commitment to Christ and His plans for their life so they are now ready to put into practice God's principles.

One of our counselors, Emily Massey, shares one of these visits from a former counselee:

In John 16:33 Jesus says, *"Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."*

No one escapes difficult times. Often, this leads those who are struggling to the Hope Center where they are met by a trained lay counselor ready to offer guidance with love and care. Our mission is to meet them where they are and walk along side them giving them guidance and direction from God's Word.

Years ago, I said goodbye to someone with whom I'd counseled. We had developed a friendship, and I would occasionally get a short text message from her. Eventually those messages stopped.

After several years, I received a text from her asking if I could meet with her. I was excited to see her and at the same time I was apprehensive, wondering if she had encountered a situation that was causing her stress and had forgotten the wisdom from God's Word.

We made an appointment and I was overjoyed to hear how the Lord has been working in her life. Some of the same issues persisted. New trials have been encountered and are still ongoing. However, she has changed. Instead of being anxious and frustrated she has grown in her trust of the Lord.



What she learned at the Hope Center has changed her life. Instead of blaming others she is trusting God to supply her needs. She spoke of how God has taken care of her and her family during their struggles. She shared specific trials that they have faced and some still ongoing.

What has she learned from these struggles? She has learned to change her perspective. Instead of focusing on the problem she has been focusing on God. She continued to practice what she'd learned. Staying connected to God by staying in the Word and in prayer. She has observed His faithfulness. He is meeting their needs and that has increased her faith and trust in God. She is living out Christ's words in John 16:33.

What a joyous celebration these two sisters in Christ experienced!

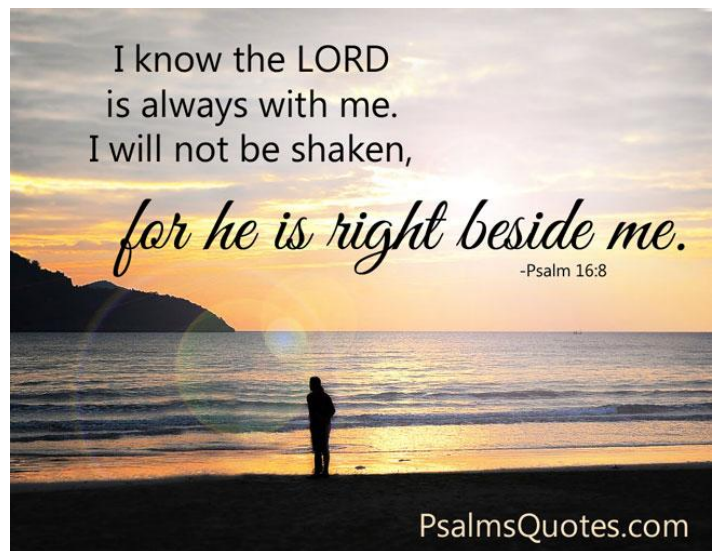
Cyndi Rigney, another Hope counselor, has a returning counselee after leaving without putting into practice God's direction. God had been working in her life, and she was ready to hear and to follow what He desired for her life. What a blessing to see changes in her as she applied God's truth to her life.

Our earthly lives will not be free from problems BUT God is with us during our struggles. May your struggles grow your faith and trust in the Lord.

At Hope Center, it is not our goal to solve problems. Each lay counselor walks alongside the people God sends through our doors. As they seek God's instruction and apply it to their lives, they can see how God can transform crushing situations into learning and growth in their Christian walk with Him. We are quick to lend an ear and gently guide those who are seeking a better understanding of God and what He wants in their lives.

Do you ever find yourself feeling like "there is NO HOPE?" Maybe you know someone in circumstances that they think are "hopeless?" Remind them of God's faithfulness throughout the Bible:

Remember, Abraham when he was told he and Sarah were going to be parents in their (very) old age.



"Even when there was no reason for hope, Abraham kept hoping—believing that he would become the father of many nations. For God had said to him, 'That's how many descendants you will have!'"
Romans 4:18 NLT

*"No unbelief made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, **fully convinced that God was able to do what he had promised.**"* Romans 4:20-21

Joseph, betrayed by his brothers and wrongly imprisoned for years, maintained hope in God's sovereignty. He later declared that what others meant for evil, God intended for good.

Joshua, *"And now I am about to go the way of all the earth, and you know in your hearts and souls, all of you, that not one word has failed of all the good things that the LORD your God promised concerning you. All have come to pass for you; not one of them has failed."* Joshua 23:14

*"For the Son of God, Jesus Christ, whom we proclaimed among you, Silvanus and Timothy and I, was not Yes and No, but in him it is always Yes. **For all the promises of God find their Yes in him.** That is why it is through him that we utter our Amen to God for his glory."* 2 Corinthians 1:19-20

In this ministry we point people to Jesus Christ, our hope. He never fails. He keeps His promises. He loves us. He forgives us. He paid our debt! He will return and take us home to live with Him and His Father. He is our HOPE!



Now may the God of hope fill you with all joy and peace in believing, so that you will abound in hope by the power of the Holy Spirit

Romans 15:13