



918-294-8470

Hope Center of Tulsa

A Biblical Counseling Ministry
Founded August 1989

OFFICE HOURS Noon to 4:00pm,
Monday – Thursday. Messages are
always returned. Closed Friday.
Counseling hours: Mon. – Thurs.
2:00 to 9:00 pm

4010 W. New Orleans
Broken Arrow, OK 74011

Volume 5 - October 2024

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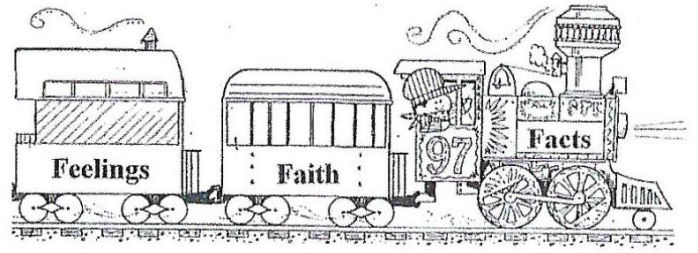
2024 Financial Review

MONTH	DONATIONS	EXPENSES
January	\$3,036.25	\$1,524.04
February	\$2,370.00	\$3,124.95
March	\$1,775.00	\$2,199.85
April	\$1,465.00	\$2,936.68
May	\$1,325.00	\$3,784.54
June	\$1,435.00	\$2,912.05
July	\$2,560.00	\$2,127.47
August	\$1,676.65	\$4,132.79
September	\$1,605.00	\$5,847.64
TOTALS	\$17,247.90	\$28,590.01

<u>In Memory of</u>	<u>Given by</u>
ChyAnna Breedlove	
Joshua Breedlove	The Breedlove Families
Leroy Jones	Donna Jones
Ray & Patty Volentine	M/M Tom Tucker
Robert Staggs	Joan Staggs
Shirley McGlothlin	M/M Dick Edwards
Kenny Hankins	M/M John Winstead Hope Staff & Trustees
LaVaine Kester	M/M Tim Breedlove

Therefore, each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. "In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold.... Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. **Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.**

Ephesians 4:25-32



“What’s leading your train?”

At Hope Center we use the above illustration to show how often we allow the Caboose “Feelings” to lead our train (lives). Feelings can sometimes take over in our lives—we become upset, angry, hurt, ashamed, anxious, resentful, fearful, etc. Then we allow those feelings to push us along with no awareness of the disaster on the tracks ahead of us because we cannot see from the “caboose.”

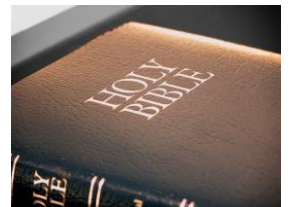
But if we allow the Engine “Facts” (the Truth of God’s Word) to lead our train, we will be guided in the direction we should go. The engine is in a position to reveal obstacles on our tracks and give us the information we need to prepare for and survive those obstacles.



However, we need to act upon that Truth in “Faith” and THEN our feelings will fall in line with what we know to be TRUE. Feelings (the Caboose) will get there after the “Engine” (Facts) are lived out in Faith.

What does God’s Word say...

“Your word is a lamp for my feet, a light on my path.”
Psalm 119:105



When we bring the light of God’s Word into our life, God will reveal wrong thinking and guide us to clear understanding.

2 Timothy 2:7: *“Consider what I say, for the Lord will give you understanding in everything.”*

“Brothers and sisters, do not be children in your thinking; yet in evil be infants, but in your thinking be mature.” I Cor. 14:20

“And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.” Romans 12:2

“Some people think they are doing right, but in the end, it leads to death.” Prov. 16:25

“For as he thinks in his heart, so is he.” Prov. 23:7

How many times do we think:

- “But, I’m right and he’s wrong.”
- “You can’t believe a word she says.”
- “They are blinded by lies.”
- “He never did believe anything I said.”
- “She always thinks she’s right.”

Our Creator expects us to use our brain, to think, to examine, to compare and see God's truth and recognize Satan's lies. So, I challenge you to search for truth, God's truth. Do not be deceived. Do not let your emotions run your life. Ask yourself, "What does God say?" Choose **TRUTH** and act on that truth in faith and watch your emotions change.

Examine what God says in Proverbs 16:

People may make plans in their minds, but only the Lord can make them come true.

You may believe you are doing right, but the Lord will judge your reasons.

Depend on the Lord in whatever you do, and your plans will succeed.

The Lord makes everything go as he pleases. He has even prepared a day of disaster for evil people.

The Lord hates those who are proud. They will surely be punished.

Love and truth bring forgiveness of sin. By respecting the Lord you will avoid evil.

When people live so that they please the Lord, even their enemies will make peace with them.

It is better to be poor and right than to be wealthy and dishonest.

People may make plans in their minds, but the Lord decides what they will do.

The words of a king are like a message from God, so his decisions should be fair.

The Lord wants honest balances and scales; all the weights are his work.

Kings hate those who do wrong, because governments only continue if they are fair.

Kings like honest people; they value someone who speaks the truth.

An angry king can put someone to death, so a wise person will try to make him happy.

A smiling king can give people life; his kindness is like a spring shower.

It is better to get wisdom than gold, and to choose understanding rather than silver!

Good people stay away from evil. By watching what they do, they protect their lives.

Pride will destroy a person; a proud attitude leads to ruin.

It is better to be humble and be with those who suffer than to share stolen property with the proud.

Whoever listens to what is taught will succeed, and whoever trusts the Lord will be happy.

The wise are known for their understanding. Their pleasant words make them better teachers.

Understanding is like a fountain which gives life to those who use it, but foolishness brings punishment to fools.

Wise people's minds tell them what to say, and that helps them be better teachers.

Pleasant words are like a honeycomb, making people happy and healthy.

Some people think they are doing right, but in the end it leads to death.

The workers' hunger helps them, because their desire to eat makes them work.

Useless people make evil plans, and their words are like a burning fire.

A useless person causes trouble, and a gossip ruins friendships.

Cruel people trick their neighbors and lead them to do wrong.

Someone who winks is planning evil, and the one who grins is planning something wrong.

Gray hair is like a crown of honor; it is earned by living a good life.

Patience is better than strength. Controlling your temper is better than capturing a city.

People throw lots to make a decision, but the answer comes from the Lord.

TRUTH!

Just so we're clear, there is only **one way** to know the **TRUTH**.

You will not find unbiased truth anywhere else. You won't find it in the newspaper, on the television news cast, social media, even from the man on the street.

God's word tells us where to find **TRUTH**:

*The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and **TRUTH**.* John 1:14

*For the law was given through Moses; grace and **TRUTH** came through Jesus Christ.* John 1:17

*Jesus answered, "I am the way and **the TRUTH** and the life. No one comes to the Father except through me.* John 14:6

"You are a king, then!" said Pilate.

*Jesus answered, "You say that I am a king. In fact, **the reason I was born and came into the world is to testify to the truth. Everyone on the side of truth listens to me.**"*

"What is truth?" retorted Pilate. With this he went out again to the Jews gathered there and said, "I find no basis for a charge against him. John 18:37-38

We are from God, and whoever knows God listens to us; but whoever is not from God does not listen to us. This is how we recognize the Spirit of truth and the spirit of falsehood. I John 4:6



So, are you allowing the "Caboose" to run your train? Are you searching for **TRUTH** in all the wrong places? Are you believing the lies? Will you choose **TRUTH**?

If you are, let me challenge you to open God's Word, start reading and **PRAY** that the Lord Jesus Christ would reveal **TRUTH** to you. Then apply that **truth** to your life and believe it in faith and those emotions that you are so caught up in will NOT be in charge of your train (life)! **LB**

*Blessed is the nation whose God is the LORD,
the people he chose for his inheritance...we
wait in hope for the Lord...even as we put our
hope in You. Ps. 33:12-22*

As Americans, we must seek God's guidance through the study of His Word and prayer before we go to the polls to cast votes. Ask Jesus to reveal truth and guide your voting. Then, pray for our country to be the Christian nation that our founders intended.