



A Biblical Counseling Ministry  
Founded August 1989

**OFFICE HOURS** Noon to 4:00pm,  
Monday – Thursday. Messages are  
always returned. Closed Friday.  
**Counseling hours:** Mon. – Thurs.  
2:00 to 9:00 pm

4010 W. New Orleans  
Broken Arrow, OK 74011  
918-294-8470  
Volume 3 – June 2024

**Trustees:** Tim Breedlove, Steve Perryman, Cherrie Stunkard  
**Counselors:** Nancy Adams, Kathy Dennis, Emily Adams Massey,  
Cyndi Rigney, Mary Stagg, Becky Winstead  
**Office Assistant:** Judy Ray      **Director:** Lois Breedlove  
**Office Volunteer:** Terri Sagely

### 2024 Financial Review

MONTH	DONATIONS	EXPENSES
January	\$3,036.25	\$1,524.04
February	\$2,370.00	\$3,124.95
March	\$1,775.00	\$2,199.85
April	\$1,465.00	\$2,936.68
May	\$1,325.00	\$3,784.54
<b>TOTALS</b>	<b>\$9,971.25</b>	<b>\$13,570.06</b>

Hope Center was a recipient of a donation from the **Jane Phillips Society** in Bartlesville. This donation will be used to train more counselors. We are excited to say that we have two in full time training right now. And, we have another Coffee Cup Counseling training course in the fall. We are so appreciative of the support Jane Phillips Society has given us over the years.

### In Memory of                      Given by

<b>Ray &amp; Patty Volentine</b>	M/M Tom Tucker
<b>Esther Custer</b>	M/M Tim Breedlove
<b>Jack White</b>	M/M Tim Breedlove
<b>Patty Cooper</b>	Ruth Nichols
<b>Ginger Ratliff</b>	Mary Jane Wyatt
	Lois Jean Breedlove



*Memorial donations are a wonderful way to remember loved ones. These gifts are used to help people understand and apply God's truth. Consider giving today.*

**35 YEARS ANNIVERSARY**

*This fall Hope Center will be celebrating 35 years of service. If you are one who has been blessed by this ministry, we invite you to drop us a note. Share your testimony, encouragement, and perhaps the Scripture truth that stood out when you were counseled. We want to hear from you!*



*Well, summer has arrived!*

As the school year ends, Hope is just getting started. The Good Boundaries and Goodbyes class (that was only to take six weeks) continues with much excitement. We have been learning so much and examining our lives for areas that need boundaries for God to be in control rather than other people. Our last class will be June 19. However, we are making plans to host this class in the Fall. Watch the newsletter for more information.



### THE OFFICE



I am so thankful for these two women. Judy Ray is our Office Assistant and Terri Sagely volunteers when Judy or I are not able to be in the office. They always have a smile on their face, share laughter and insights, and pretty much bless me and the staff at Hope Center. Stop by sometime and say "Hello." They are never too busy to stop and listen.

### *Administrative Assistants*



*Judy Ray and Terri Sagely*



## WHO IS IN CONTROL OF YOUR LIFE?\*

Ask yourself these questions. Do you . . .

- Determine standards of conduct for yourself, others and God?
- Demand absolute obedience to those standards?
- Judge God, others, and your life, attitudes, and actions by those standards?
- Seek revenge?
- Selfishly endeavor to control circumstances and people?
- Exercise “sovereign” independence, doing whatever you please?
- Seek praise, approval, and acceptance from others and not from God?
- Ask no help or guidance from anyone, not even God?

Did you answer “yes” to any of these questions? If you did, it would be good for you to study the Scriptures listed below.

Ex. 20:1-17; Gen. 22:1-12; Gen. 18:25 & Acts 17:31; Ps. 94:1 & Romans 12:17-19; Job 12:13-25 & Acts 17:24-28a; Ps. 135:5-6 & Dan. 4:35; Is. 42:8 & John 4:23; Is. 40:13-14 & Romans 11:33-34.

These Scriptures reveal to you that the above privileges belong only to God. He wants to oversee your life. The question remains: Will you let Him?

### Remember:

- God is God and we are not.
- God is God and only He has the right to set standards, judge, and demand absolute obedience.
- There is something within me that desires to be like God.
- Trying to be God is sin and leads to withdrawal from God and others and doubting instead of trusting.
- Only when God rules over our relationships with others will we experience relationships that bring glory to His kingdom.
- Good taken beyond God’s boundaries leads to sin.

\*Taken from Unit 1: “Godship”, Victorious Christian Living Conference, VCL International.



**Call today to sign up!**

Have you noticed that people keep coming to you for guidance, wisdom, encouragement, hope? Perhaps God is calling you to walk alongside someone that is struggling right now. Do you feel drawn to a couple that seems to be having some marriage troubles?

Be better prepared to reach out and help. Enroll in Lay Ministry Training (LMT). Because LMT is now a self-study, you can start anytime! If you think you might be interested, give us a call at **918-294-8470**.



## “the Lord your God is with you wherever you go.”

Just as Christ said right before His crucifixion when speaking to His disciples:

*Behold, an hour is coming, and has already come, for you to be scattered, each to his own home, and to leave Me alone; and yet I am not alone, because the Father is with Me. These things I have spoken to you, so that in Me you may have peace. In the world you have tribulation but take courage; I have overcome the world.”* John 16

Jesus told the disciples those things so that in Christ they would have peace, perfect peace—not the worldly peace—but God’s peace. Because in this world, our world, we will have trouble, distress and suffering BUT...be courageous, be confident, be undaunted, be filled with joy, take heart, I, **JESUS CHRIST, have overcome the world!**

**IT IS SO EASY** to get discouraged, depressed, and downcast. You may be all alone or in a crowd and still feel all alone. **Remember** what the Psalmist wrote:



*Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.*

**Remember** God’s promises. **Remember** our God, who comforts the downcast is right there with you. He will never leave you or forsake you. He is your strength and your shield. He fights for you. He walks with you through the valley of death and every other valley you encounter. He hears your cries for help, and He will answer!

Amidst all the uncertainty around us, remember we are **Almost Home** (last verse by Mercyme):

*Well, this road will be hard      But we win in the end  
Simply because of Jesus in us      It's not if but when  
So take joy in the journey      Even when it feels long  
Oh find strength in each step      Knowing heaven is  
cheering you on      **We are almost home**  
Brother it won't be long      Soon all your burdens will  
be gone      With all your strength      Sister run wild....*

Keep on keeping on brothers & sisters!