



# Hope Center of Tulsa

A Biblical Counseling Ministry  
Founded August 1989

**OFFICE HOURS** Noon to 4:00pm,  
Monday – Thursday. Messages are  
always returned. Closed Friday.  
**Counseling hours:** Mon. – Thurs.  
2:00 to 9:00 pm

4010 W. New Orleans  
Broken Arrow, OK 74011  
918-294-8470  
Volume 1 – January 2024

**Trustees:** Tim Breedlove, Steve Perryman, Cherrie Stunkard  
**Counselors:** Nancy Adams, Kathy Dennis, Emily Adams Massey,  
Cyndi Rigney, Mary Stagg, Becky Winstead  
**Office Assistant:** Judy Ray      **Director:** Lois Breedlove

## 2023 Financial Review

MONTH	DONATIONS	EXPENSES
January	\$1,100.00	\$2,105.43
February	\$1,656.00	\$2,772.39
March	\$4,273.00	\$2,131.11
April	\$3,260.00	\$2,568.86
May	\$5,130.00	\$1,764.55
June	\$3,765.00	\$2,707.38
July	\$1,995.00	\$1,899.12
August	\$2,358.00	\$5,143.76
September	\$1,685.28	\$4,538.43
October	\$3,510.14	\$4,151.68
November	\$2,225.00	\$3,434.19
December	\$2,375.00	\$3,234.21
<b>TOTAL</b>	<b>\$33,332.42</b>	<b>\$36,451.11</b>



<u>In Memory of</u>	<u>Given by</u>
<b>Ray &amp; Patty Volentine</b>	Tom & Barbara Tucker
<b>Velva Jo Johnson</b>	Orpha Callahan
<b>Tony Wyatt Sr.</b>	
<b>Tony Wyatt Jr.</b>	
<b>ChyAnna Breedlove</b>	
<b>Joshua Breedlove</b>	
<b>Merl &amp; Lois Smith</b>	
<b>Sterling Nichols</b>	
<b>Leon Nichols</b>	Mary Wyatt
<b>Guyla Miller</b>	
<b>David Oliver</b>	
<b>Steve Oliver</b>	
<b>Conley Oliver</b>	Nancy Adams
<b>Grover Shelts</b>	Sharon Easton Charlotte Hoppe Mary Wyatt
<b>Ray &amp; Patty Volentine</b>	M/M Richard Stunkard
<b>Amy Alvarez</b>	Tim & Lois Breedlove Hope Staff

*Memorial donations are a wonderful way to remember loved ones. These gifts are used to help people understand and apply God's truth. Consider giving today.*



**THIRTY-FIVE YEARS OF OFFERING NEEDED COUNSELING TO COUPLES, INDIVIDUALS AND CHILDREN WHO ARE SEARCHING FOR THE TRUTH OF GOD'S WORD!**

It has been and still is the policy of Hope Center to offer Biblical counseling to everyone who desires it regardless of ability to pay and regardless of their church background or membership. There is no charge for counseling.

*“There’s nothing like the written Word of God for showing you the way to salvation through faith in Christ Jesus. Every part of Scripture is God-breathed and useful one way or another—showing us truth, exposing our rebellion, correcting our mistakes, training us to live God’s way. Through the Word we are put together and shaped up for the tasks God has for us.”* II Timothy 3:16-17 The Message

As of this date, as we approach August and the celebrating of “35” years . . .

- Approximately 4,207 people have been seen;
- 18 years of training classes offered onsite;
- 17 years of training self-guided and group;
- Approximately 31 different counselors serving;
- Ministries started from graduated students;
- Locations of the ministry transitioned from temporary to permanent;
- Multiple mini sessions focusing on grief recovery, training, marriage and more have taken place;
- Support has been sustained through voluntary donations by individuals and churches.

## PERSEVERE

(First printed in the January 1999, Hope newsletter)  
Throughout life, we are faced with tribulations. As Christians we must realize that this life is one of spiritual warfare (Eph. 6:10-13). Romans 5:1-4 teaches us that being justified through faith, we have peace with God through Jesus Christ. Through His strength we can glory in tribulations, knowing that tribulation produces perseverance; perseverance, character; and character, hope. Romans 5:5 says, “Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given us.” James 1:2-4 says, “My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing.” When we live by faith, we are strengthened and given peace in knowing that God has the power to do what He promises.

**Thus, as we begin a new year, I encourage you to keep in the Word daily, that you may always be strengthened by His wisdom and that you may persevere through any circumstance.**



**“He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield...”**  
(Psalm 91:4)

*Love in Christ,  
Melissa Nelson*



## Coffee Cup Counseling Update...

Although we planned to offer Coffee Cup Counseling at the

beginning of this year, we have moved the date to later in the year. Please watch the upcoming newsletters for information about this.

If you would like to be placed on the list for the upcoming class, please call the office at 918-294-8470 or send us an email:

[lbreedlove@hopecentercounseling.com](mailto:lbreedlove@hopecentercounseling.com).

Or contact us through our updated website\*:

[hopecenteroftulsa.com](http://hopecenteroftulsa.com)

\*A special thank you to Annette Breedlove for updating our website.

## Somewhere It's Snowing



Well, I did as I promised in the last newsletter. I slowed down. I was still decorating for Christmas AFTER Christmas! As of this writing, there are still two boxes of decorations yet to be put away.

What was enjoyable about this schedule was the fact that when the recent snow fell, I could see my Christmas tree and the lights with snow filled windows as background. It was so pretty and relaxing and peaceful!

As I reflect on these past weeks, my attitude was more peaceful. My time of reflection on Christ's advent took first place. There was more JOY in the Breedlove home because Mimi was more at peace. This year more than previous years, the celebration of God's love in sending His son was more prominent. Peace was present.

This does not have to change. Where do I look when I am not at peace? The same place you may look:

"And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Phil. 4:7

"The Lord gives strength to his people, and the Lord blesses his people with peace." Ps. 29:11

"Great peace have those who love your law, and nothing can make them stumble." Ps. 119:165

"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world." John 16:33

"In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety." Ps. 4:8

"Peace, I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid." John 14:27

"Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ." Romans 5:1

"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope." Romans 15:13

Is there not a more peaceful scene at the close of a day? The sky is darkening but light lingers, and snow has begun to fall. So many times, God can speak to us through His creation. Snow is one of those ways. Nothing is quite like it. All that soft white covering the ugliness of dried-up grasses and shrubs, dirty sidewalks and driveways. Each flake falling is unique in its own creation. Mounding together they make a big impact on life. Suddenly we all slow down and stop.



So it would seem that God wanted me to really slow down a little longer. January 1, I came down with Covid for the first time. Then the snow followed. The schools were closed, the boys home. Then a little ice was thrown in the mix. Half of January was gone before any real "work" was accomplished. But there was peace.

Is God slowing you down? How were the holidays for you? What was the level of peace in your home? Which of those verses I listed earlier will you take to heart and post on your frig as a reminder?

Ten years ago, a song was released by Stephanie Boosahda & David Stearman: **Somewhere It's Snowing**. I so enjoy hearing it and you might as well. (Try googling it and listen.) It compares life before the snow and then after the snow of forgiveness. The chorus goes:

*Somewhere it's snowing,  
See the soft drifting down  
As the snowflakes surrender  
To the hardening ground.  
**Like the good grace of Jesus  
That now covers our sin  
In the kingdom of heaven  
it's snowing again.***

Is peace alluding you? Could it be there is hardened ground in your life? Perhaps there is sin you need to confess? I John 1:19: *If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.*

"Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ." I Thess. 5:23

## Ten Ways to Love

1. Listen without interrupting. Prov. 18
2. Speak without accusing. James 1:19
3. Give without sparing. Prov. 21:26
4. Pray without ceasing. Col. 1:9
5. Answer without arguing. Prov. 17:1
6. Share without pretending. Eph. 4:15
7. Enjoy without complaint. Phil. 2:14
8. Trust without wavering. Cor. 13:7
9. Forgive without punishment. Col. 3:13
10. Promise without forgetting. Prov. 13:12